**Q&A OF SHIRAYAKI**

SHIRAYAKI Collagen is a nutri-cosmetic supplement that enables your body to rebuild and maintain its collagen reserves to help you look and feel younger again.

It is a beauty-from-within skincare drink in easy powder stick pack enriched with supporting antioxidants ( natural pomegranate ), L-Glutathione, CQ10, Lycopene, L-Carnitine, FOS & Vitamin C. It is just 30 calories per serving.

Shirayuki is the optimal nutritional oral skin care solution

* Promotes younger looking skin
* Improves skin moisture level
* Improves skin smoothness
* Prevents formation of deep-winkles
* Improves skin suppleness

Q. Why take a collagen supplement?

A. A collagen supplement can help counteract the effects of collagen depletion by stimulating fibroblast activity to produce new collagen.

Q. How do Collagen Peptides work? A. Collagen Peptides are low-molecular, bioavailable collagen which are broken down by the body into small collagen peptides. Around 15% absorb in their intact form; the rest are broken down into amino acids which also assist in the production of collagen. The absorbable short-chained collagen peptides stimulate fibroblast activity to produce collagen and proteoglycans which are major components of the skin.

Q. What makes Shirayaki unique from other collagen supplements?

A. Shirayaki supplement contains a refined marine collagen by Japanese Bio Technology of selected quality & without fishy odor. It is more than a mere collagen but rather a proprietary blended Japanese formulation of marine peptides complex with natural pomegranate extract that offer a bounty of age-defying benefits from the inside-out and the outside-in to nourish, protect, and rejuvenate skin. This unique profile of antioxidants composition fight and repair free-radical damage from the sun and environmental factors that age skin, including hyper-pigmentation and age spots. Furthermore it is also coupled with L-Glutathione, CQ10, lycopene & Vitamin C to work in harmony to promote cellular regeneration, support skin’s integrity and improve skin elasticity, prevent and smooth wrinkles, and boost the production of our body’s own built-in antioxidants for age-defying action.

Q. What other benefits does Shirayaki provide besides as a skin supplement ?  
A.Shirayaki is also specially blended with FOS, a soluble fiber to promote bowel movement as well as to prevent constipation. FOS have important beneficial physiological effects such as low carcinogenicity, a prebiotic effect, improved mineral absorption and decreased levels of serum cholesterol, triacylglycerols and phospholipids.

Q. Are there any side effects ?

A. There are no known side effects.

Q. Can I increase my daily dosage?

A. Yes, Increasing the dosage further may offer added benefits.

Q. How long will it take before I see results?

A. Shirayaki is a progressive program and results will vary from person to person. Users have reported beneficial results within the first 4 weeks. This depends on the individual’s age, weight and metabolic rate. For optimum results, use for three months. To maintain on-going benefits, continue at the same dosage.

Q. Does taking Shirayaki cause weight gain ?

A. No as Shirayaki is free from sugar & it is further entrenched with L-Carnitine L-Tartrate to improve the burning of fat.